

Disability SA

Independent Living Centre Outreach Service Calendar 2010

The Independent Living Centre's Mobile Unit Outreach Service is a free government service for people living in rural and remote South Australia.

Visitors to the wheelchair-accessible caravan are able to discuss their individual needs with an experienced health professional (Occupational Therapist) and view and trial a wide range of equipment. Information sheets covering a large variety of topics are also available.



No appointments are necessary to visit the Mobile Unit.

Free individualised advice is provided on techniques and equipment to assist those living or caring for someone with a disability, injury or illness.

Areas of assistance include:

- ▶ bathroom and toileting equipment
- ▶ bedding
- ▶ building fixtures and design for access
- ▶ clothing and dressing
- ▶ communication aids
- ▶ computer and vocational aids
- ▶ eating and drinking utensils
- ▶ emergency call systems
- ▶ equipment hire and loan
- ▶ equipment services and resources
- ▶ household and kitchen equipment
- ▶ incontinence
- ▶ lifting, transferring, ramps and hoists
- ▶ mobility/walking aids
- ▶ recreation
- ▶ scooters ("gophers")
- ▶ seating
- ▶ telephone access
- ▶ transport—access and resources
- ▶ wheelchairs—manual and electric.

2010 Outreach Service Calendar

Please note that these dates and locations are tentative and may change. To keep informed of changes or additions to this calendar please call the Independent Living Centre on 1300 885 886 (SA/NT callers) or 8266 5260.

February

Fleurieu Peninsula – Wed 24th: Goolwa

March

Kangaroo Island – Week of 1st – 5th: *Dates & locations still to be confirmed*

Upper South East – Wed 10th: Meningie

Lower South East – Fri 12th: Mount Gambier DIRC Disability & Ageing Expo

Upper South East – Fri 19th: South East (Lucindale) Field Days | Sat 20th: South East (Lucindale) Field Days

Murraylands and Murray Mallee – Fri 26th: Karoonda Farm Fair | Sat 27th: Karoonda Farm Fair

April

Upper South East – Tues 13th: Bordertown Scooter Muster

Kapunda Farm Fair – Fri 16th: Kapunda Farm Fair | Sat 17th: Kapunda Farm Fair

Mid North – Wed 21st: Booleroo Centre | Thurs 22nd: Jamestown | Fri 23rd: Burra

May

Yorke Peninsula – Tues 4th: Yorketown | Wed 5th: Maitland | Thurs 6th: Wallaroo

June

July

Outback – Tues 20th: Coober Pedy | Thurs 22nd: Alice Springs

August

Upper Eyre Peninsula – Tues 10th: Eyre Peninsula (Cleve) Field Days | Wed 11th: Eyre Peninsula (Cleve) Field Days | Thurs 12th: Eyre Peninsula (Cleve) Field Days

September

Riverland - Wed 15th: Riverland Field Days | Thurs 16th: Riverland Field Days

Fleurieu Peninsula – Wed 22nd: Victor Harbor Carer's Support Centre

October

Murray Mallee - Wed 6th: Pinnaroo Show

Eyre Peninsula – Wed 13th: Cowell ½ day | Thurs 14th: Cleve | Fri 15th: Port Lincoln
DIRC Disability & Ageing Expo

Spencer Gulf – Wed 20th: Hawker | Thurs 21st: Port Augusta Healthy Ageing Expo

Fleurieu Peninsula – Tues 26th: Yankalilla

November

Spencer Gulf – Wed 3rd: Whyalla | Thurs 4th: Port Pirie

Riverland – Tues 16th: Waikerie | Wed 17th: Berri | Thurs 18th: Renmark

December

South East – Tues 30th November: Kingston SE | Wed 1st Dec: Millicent

Adelaide City - Fri 3rd: Rundle Mall (International Day of People with DisAbility)

Visits to the following locations will also be held throughout the year. Dates and locations to be confirmed:

- ▶ Mount Barker
- ▶ Gawler
- ▶ Noarlunga
- ▶ Marion
- ▶ Munno Para/Elizabeth
- ▶ Port Adelaide.

Feedback

The Independent Living Centre would appreciate feedback on how we can improve our Mobile Unit Outreach Service to better meet the needs of you and your community. If you have any suggestions or would like to book the mobile unit please contact the Independent Living Centre on 1300 885 886 (SA/NT callers only) or 8266 5260 or alternatively e-mail to: ilcsa@dfc.sa.gov.au.

Independent Living Centre Services

The telephone advisory service and the equipment display at Gilles Plains are open Monday to Friday from 9am to 5pm, excluding Public Holidays. The display is open to members of the public; however, we strongly encourage visitors to make an appointment with one of our Occupational Therapists if they require information and/or demonstration of any items.

To book an appointment, please phone the Independent Living Centre on the phone numbers listed below.

Requests for guest speakers for community and student groups can also be made by contacting the Independent Living Centre.

The Independent Living Centre's online equipment catalogue can be accessed via the web site: www.sa.gov.au/disability.

For further information or to make an appointment, please contact the Independent Living Centre. The Independent Living Centre offers free advice on equipment and techniques to help you with everyday tasks.

Independent Living Centre

11 Blacks Road
Gilles Plains SA 5086

Phone: 1300 885 886
(SA & NT callers only)
or (08) 8266 5260

Fax: (08) 8266 5263

Email: ilcsa@dfc.sa.gov.au

Website: www.sa.gov.au/disability

Bus routes:
From the city T500/T501 or
207/208 to Stop 28 Sudholz Road
Timetable information: (08) 8210 1000.

Accessible off-street parking is available.

