

MEDIA RELEASE

For Immediate Release

Mt Gambier news – The **Disability & Ageing EXPO stretches to the South East *linking people to services!***

Interwork presents the **Disability & Ageing Expo** in partnership with **Adelaide Airport**. With over **45** exhibitors, packed with advice, ideas and inspiration, this spectacular expo will bring the *Disability and Ageing Expo* to life.

Watch exhibitors showcase their products, provide valuable information and conduct practical demonstrations; and on the **Expo Entertainment Stage**, watch The Grind, Ardlair School of Dancing and Mayfair choir perform, dance and sing!

People with a disability and those who are ageing, their families, carers, supporters, friends and health professionals and the wider community will be tempted by gaining access to relevant information. Care products, support services and health & wellbeing ideas available from specialty exhibitors will be perfect for all, looking for important information.

Sandy Iussa, Director of the DIRC - said "***This event is extremely important for people with a disability and/or who are ageing to access information and resources, on all aspects of services, therefore empowering them to make choices.***"

Take a stroll through the Active 8 Health & Fitness Centre where you'll find **service professionals with specialist displays** and extensive products that support independence for people with a disability and people who are ageing. or observe the spectacular entertainment between 10:30am to 3pm.

Children visiting the Expo will find fun with a face painting artist and entertainment in the **Kids Craft Workshop**. With interactive activities including colouring in, arts and crafts and games, the area will ensure the Expo is a great family day out!

Be part of an exquisite event that reflects your support to providing services to people with a disability, and the ageing.

Mark your diary with the date; Interwork presents the Mt Gambier's **Disability & Ageing Expo** in partnership with Adelaide Airport - you won't want to miss it! For more information visit www.dircsa.org.au

Where & When: 2010 Disability & Ageing Expo
Active 8 Health & Fitness Centre
Friday 12th March 2010
99 Penola Rd, Mt Gambier
10am - 4pm

Cost: **FREE ADMISSION**

Information/Contact: Sandy Iussa
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