



**FREEDOM TO EXPLORE
SEXUAL HEALTH**

A NATIONALLY RECOGNISED COURSE FOR WORKERS

The FRESH course

SHine SA's new
sexual health course
for workers

SHine SA offers a nationally recognised course for workers in the Community Services and Health sectors working in the areas of disability, youth, Aboriginal & Torres Strait Islander men's and women's health, and Culturally & Linguistically Diverse communities.

The course aims to provide workers with an increased level of confidence when working with clients in the area of sexual and reproductive health and relationships. Participants will enhance their skills in addressing clients' needs through assessment, program development, delivery and evaluation.

The FRESH course has a flexible design which enables participants from the same occupational groups to share time together exploring client issues and community needs. Participants can complete the core modules, then may choose electives and assessment pathways based on individual preference.

Core	Elective	Assessment
Introduction to Sexual Health	Anatomy & Physiology	CHCCED311A Program Planning & Delivery
Gender & Diversity	Sexual Violence	
Community Focus (ATSI women, ATSI men, Disability, Youth, CALD)	Pleasure Positive	CHCCED511A Advanced Program Planning & Delivery
	Contraception & Pregnancy Options	
	STIs & Safer Sex	

**For a Course Information & Enrolment
Handbook contact:**

Tel: 8300 5317

Email: SHineSACourses@health.sa.gov.au

