

Growing older and worried about what will happen to the person/s you care for in the future?

‘Taking Care of Business’

Groups for Aboriginal Carers of a child or adult with a disability or other special care needs

Commencing on Monday 9th May and held every 3 weeks

Meetings to help Aboriginal carers with planning for the present and future care of a family member or other person . The meetings will include:

- ❖ ***Making a Storybook*** about what you know about the person you care for, so other people will know what to do in an emergency or if another person has to take over care;
- ❖ Community, disability, respite and other relevant ***services to help you*** in your caring role now and in the future;
- ❖ ***Legal issues***, including funeral arrangements, making a Will; Powers of Attorney and Guardianship matters;
- ❖ ***Mental Health*** and ***Advocacy*** Services;
- ❖ ***Caring for yourself*** to help you continue to care.

If you are interested, please call Kay or Margaret at the Respite & Carelink Centre 1800 052 222